

4<sup>th</sup> September 2026

Dear Parents/Carers,

The year 6 children will have swimming lessons this term. Swimming is an important part of the PE curriculum and every child is expected to take part. By the end of Key Stage 2, children must be taught to swim 25 metres unaided, use recognized strokes, and perform safe self-rescue, ensuring they possess vital, life-saving skills before leaving primary school.

**6KT will be every TUESDAY** starting next week: 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> Sept / 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> Oct / 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> Nov / 1<sup>st</sup>, 8<sup>th</sup> Dec (13 weeks).

**6CS will be every THURSDAY** starting next week: 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> Sept / 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> Oct / 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> Nov / 3<sup>rd</sup>, 10<sup>th</sup> Dec (13 weeks).

All children will need to **WEAR** their swimming kit into school **every week on their allocated day** and wear school uniform over the top as normal please.

**All children will need a swimming costume, swimming hat and towel.** Girls will need to have a one-piece costume, and boys will need to wear swimming trunks not baggy shorts (don't forget to pack underwear for them to put on after the swimming sessions!)

Please ensure that your child's swimming kit and school uniform is named as this really helps us to sort out changing room muddles and to find lost items! You will also be able to buy swimming hats from the school office, these are priced at £1 each.

Lessons will take place in the pools at the Water Lane Leisure Centre. Children who are confident and experienced swimmers will be taught in the bigger pool, while the other children will use the smaller pool, which is suitable for beginners and those who are developing their swimming skills.

As the children have already taken part in swimming when they were in year 5, they will stay in the groups they were in. Anyone who is new to our school this academic year will do the first session as a non-swimmer/beginner to be assessed for the future weeks.

If you have any questions or concerns, please do speak to the class teacher or the main office.

Many thanks for your support with this.

Poplars Primary School